

**STEELWORKERS!**

# **R U Ready for FUSION?**

**FUSION IS AN EXERCISE REGIMEN THAT MIXES  
YOGA WITH KICKBOXING AND ZUMBA. IT'S  
GREAT FOR CARDIO AND STRETCHING.**



## **At the Learning Center**

**Starts Tuesday June 15, 2010 from 5:30 – 6:30  
p.m. at the Labor Temple and this class will run  
for 8 weeks.**

**To sign up call 451-3337 or email us at  
[gctlc@mcleodusa.net](mailto:gctlc@mcleodusa.net)**

**WHAT R U WAITING FOR?**